

**LGBTQ youth** - Trevor Project 24/7/365

Phone: 1-866-488-7386 or

Text "START" to 678678

Online chat: [thetrevorproject.org/get-help](http://thetrevorproject.org/get-help)

**Del Norte 24/7 crisis services:**

1-888-446-4408 or 911

1-707-464-7224

Walk in services M-F 8-5 at 455 K Street CC

**24/7 Suicide Prevention phone or Text 988**

1-800-273-8255 or 916-368-3111

Text "LISTEN" to 741741

**Translifeline.org** hotline: 1-877-565-8860

**Older Adult Friends Line / Crisis 24/7**

1-800-971-0016

Walk in 24/7 Sutter Coast Hosp Emergency Dept

Del Norte LGBTQ Resource Project

[dnlgbtq.org](http://dnlgbtq.org)